


## VIC Workout Club

### Schedule for 15-19 July 2013

MONDAY 15 <sup>TH</sup>	TUESDAY 16 <sup>TH</sup>	WEDNESDAY 17 <sup>TH</sup>	THURSDAY 18 <sup>TH</sup>	FRIDAY 19 <sup>TH</sup>	TIME
☹ Sorry No Early Birds!					0730 AM
	<b>Connie</b>  Pilates FIT  Gym F-09	<b>Michael</b>  Body Shaping  Gym F-09	<b>Connie</b>  Cross Training  Gym F-09	<b>William</b>  BBP  Gym F-09	12 NOON
<b>Pepsi</b>    Gym F-09	<b>William</b>  Body Balance  Gym F-09	<b>Chris</b>  Hatha Yoga  Gym F-09	<b>William</b>  Classical Pilates  Gym F-09	<b>Alexia</b>    Gym F-09	1 PM
		<b>Alexia</b>    Gym F-09			5 PM

**Coupons for Members are €3.50 each. Coupons for Guests are €4. In July coupons from Annie Tait in F0851.  
Please contact [d.poore@iaea.org](mailto:d.poore@iaea.org) if you wish to have further information.**