


# VIC Workout Club

## Schedule for 12-16 August 2013

MONDAY 12 <sup>TH</sup>	TUESDAY 13 <sup>TH</sup>	WEDNESDAY 14 <sup>TH</sup>	THURSDAY 15 <sup>TH</sup>	FRIDAY 16 <sup>TH</sup>	TIME
<b>SORRY NO EARLY BIRDS ☹</b>					0730 AM
	<b>Pepsi</b> Core Training Gym F-09	<b>Michael</b> Body Shaping Gym F-09	<b>SORRY NO CLASS ☹</b>		<b>William</b> BBP Gym F-09 12 NOON
<b>Pepsi</b>  Gym F-09	<b>Chris</b> Hatha Yoga Gym F-09	<b>Irina</b> Power Core Gym F-09	<b>William</b> Classical Pilates Gym F-09	<b>Alexia</b>  Gym F-09 1 PM	
		<b>Alexia</b>  Gym F-09			5 PM

**Coupons for Members are €3.50 each. Coupons for Guests are €4. All coupons can be purchased from Kaye Turner in room A0514 or from Deborah Poore in the Gym most days. Please contact [d.poore@iaea.org](mailto:d.poore@iaea.org) if you wish to have further information.**