

VIC Workout Club

Schedule for First Quarter 2014

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07.45 AM	Irina  Early Bird Workout! Detox Power Yoga Gym F-09				
12 NOON		Connie Pilates FIT Gym F-09	Michael Body Shaping Gym F-09	Connie Cross Training Gym F-09	William BBP Gym F-09
1 PM		William Body Balance Gym F-09		William Classical Pilates Gym F-09	Adrene  Gym F-09
5 PM			Adrene  Gym F-09		

Coupons for Members are €3.50 each. Coupons for Guests are €4. All coupons can be purchased from Kaye Turner in room A0514 or from Deborah Poore in the Gym most days. Please contact d.poore@iaea.org if you wish to have further information.