



## VIC HEALTH CLUB

Join our Tai-Ji and Qi Gong classes  
for your Well-being!



### SCHEDULE



#### Mondays

Location F1001

Start: 19 September 2011

13-14: Health Qi Gong 12 Movements

Teacher: Maria Wang

(for more info see <http://www.daoistisches-zentrum.at>)

#### Wednesdays

Location: F0910

Start: 21 September 2011

12-13: Tai-Ji and Qi Gong for Advanced

13-14: Liver Qi Gong for Beginners

Teacher : Gabi

#### Fridays

Location: F0910

Start: 23 September 2011

13-14: Tai-Ji 24 Movements for Beginners

14-15: Tai-Ji and Qi Gong for Retirees

Teacher : Gabi

*NEWCOMERS MAY ATTEND A TRIAL LESSON FREE OF CHARGE*

For more information please contact Ms Marcela Hejtman ([m.hejtman@iaea.org](mailto:m.hejtman@iaea.org)) or Ms Eva Moedlhammer ([e.moedlhammer@iaea.org](mailto:e.moedlhammer@iaea.org))

THIS IS A CIRCULAR FROM A RECOGNIZED CLUB

