

NEW !!!!



**SPRING 2015
PROGRAMME!**

VIC Health Club

JOIN OUR NEW TAIJI AND QIGONG CLASSES

Classes START: **16 February 2015**

Mondays: Location F0910

13-14 **Qigong for liver and gallbladder – for beginners**

Tuesdays: Location F 0910

13-14 **Taiji 24 movements - for beginners**

Advanced **Taiji** and **Qigong** classes will continue to take place as in previous semesters.

NEWCOMERS MAY ATTEND A TRIAL LESSON FREE OF CHARGE

For more information please contact E.Hesp (evelynhesp@gmail.com) or E.Moedhammer (e.moedhammer@iaea.org)

The annual VIC Health Club membership fee is € 5. The course fee is payable directly to the teacher.

THIS IS A CIRCULAR FROM A RECOGNIZED CLUB



VIC HEALTH CLUB