

**NEW !!!!**



VIC Health Club

**SPRING 2013  
PROGRAMME!**

# TAI-JI & QI-GONG

**Join our classes for a gentle  
energy booster !!**

**SEMESTER START: 11 February 2013**

**Mondays: Location F10**

12-13 Qi-gong for the joints - Beginners

**NEW !!!**

13-14 Liver Qi-gong - Beginners

**NEW !!!**

**Tuesdays: Location F 0910**

12-13 Tai Ji 24 Movements - Advanced

13-14 Lung Qi-gong - Advanced

**Wednesdays: Location F0910**

12-13 Qi-Gong for the joints/Tai Ji 24 - Advanced

13-14 Liver Qi-gong - Advanced

**Thursdays: Location F0910**

13-14 Tai Ji 24 - Advanced

***NEWCOMERS MAY ATTEND A TRIAL LESSON FREE OF CHARGE***

For more information please contact M. Hejtman ([m.hejtman@iaea.org](mailto:m.hejtman@iaea.org)) or E. Moedlhammer ([e.moedlhammer@iaea.org](mailto:e.moedlhammer@iaea.org))

The yearly VIC Health Club membership fee is € 5. The course fee is payable directly to the teacher.

**THIS IS A CIRCULAR FROM A RECOGNIZED CLUB**



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